**Schedule for the James Shaw Clinic – Oct 23-25**

**Friday**

8:30 am Emma

9:30 am Lori

10:30 am – 12:30 pm – Tai Chi and Qi Gong Groundwork for all riders and auditors

12:30 pm – 1:15 pm – Potluck lunch – please bring a dish to share

1:15 pm Pauline

2:15 pm Anna

3:15 pm Melissa

4:15 pm Bug

**Saturday**

8:30 am Emma

9:30 am Lori

10:30 am – 12:30 pm – Tai Chi and Qi Gong Groundwork for all riders and auditors

12:30 pm – 1:15 pm – Potluck lunch – please bring a dish to share

1:15 pm Pauline

2:15 pm Anna

3:15 pm Melissa

4:15 pm Bug

**Sunday**

8:30 am Emma

9:30 am Melissa

10:30 am – 12:30 pm – Tai Chi and Qi Gong Groundwork for all riders and auditors

12:30 pm – 1:15 pm – Potluck lunch – please bring a dish to share

1:15 pm Bug

2:15 pm Simone

3:15 pm Lori

4:15 pm Simone